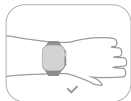
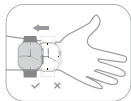


# 1

## Wear correctly

- 1, The watch is best worn after the ulna styloid process.
- 2, Adjust the size of the wrist according to the adjustment hole, buckle the wrist strap.
- 3, Keep the sensor close to the skin and avoid moving.



## 2 Charge your watch

For the first time use, make sure that the watch has normal power.  
If the low power does not work,  
please connect the charger to charge the device.



# 3

## Install the watch app on your phone

Scan the QR code or enter the APP Store, Application treasure to download and install the APP



Android/iOS

System requirements: Android 5.0 and above;  
iOS 9.0 and above;  
support Bluetooth 4.0

## 4 Key function

1. shortcut key on left side: Sports mode (can make function alteration in settings page)
2. Upper-right button (return/menu): single press to switch between menu and watch dial, double click to switch menu style;
3. Encoder rotary knob: to switch the watch dial theme or flip the menu;
4. Bottom right button (on/off button), single press to turn on or off the screen, long press to power on or off

## Interaction of dial pages

- Touch the dial: Enter the menu;
- Swipe down: Enter the message page;
- Swipe up: Enter the control centre;
- Swipe to the right: If split screen is enabled, it will enter the split screen function. Otherwise the watch dial theme will be changed;
- Swipe to the left: Switch the watch dial theme;

# 5

## Device connection

For the first use, you need to connect the APP for calibration, After the connection is successful, the watch will automatically synchronize the time.

Turn on the Bluetooth switch of the mobile phone system → enter the app device module settings → click on the "settings" "+" icon to enter the automatic search list to find the watch device and connect with it. If the connection is successful, you need to turn on the system Bluetooth synchronization switch.(Note:Before using the Bluetooth function, please confirm whether the system Bluetooth synchronization switch is turned on)

●The APP will automatically save the Bluetooth address of the bracelet.When the APP is opened or running in the background it will automatically search and connect to the bracelet.

●Android phones use all notification permissions such as reading contact information and giving the app background running in the phone settings.

### Bluetooth connection

●a . First turn on the Bluetooth switch of the watch, turn on the Bluetooth switch of the smartphone, and enter the Bluetooth notification menu.Click to automatically search for nearby Bluetooth enabled devices, find the phone device model and pair with it, After successful pairing, the Bluetooth icon in the status bar of the watch will display Connection successfu, at this time the watch and mobile phone successfully search for devices.(Via watch---search for equipment, there is vibration and ringing on the mobilephone end; through cellphone---finding device, there is vibration and ringing on the watch end)

●b . Search,add,and delete Bluetooth devices, and the name and address of the device's Bluetooth can be viewed in About Phone.

# 6

## Features



### Bluetooth dialpad

Enter the number on the dial interface of the watch or mobile phone to enter the dial. The watch and mobile phone will be synchronized in real time.



### Bluetooth call

This watch supports Bluetooth call.



### Message

View phone information for Bluetooth connection with watch.



### Health tricyclic

Health tricyclic three color circles, which represent the three data of step counting, exercise and standing



## Heart rate

Enter the heart rate menu, the back of the watch must be placed on the skin of the arm, click on the start, the watch will automatically measure the heart rate value.



## Blood oxygen

Enter the Blood oxygen menu, the back of the watch must be placed on the skin of the arm, click on the start, the watch will automatically measure the Blood oxygen value.



## Blood pressure

Enter the blood pressure monitoring menu, the back of the watch must be placed on the skin of the arm, click start the watch will automatically measure the blood pressure value.



## Sports

Enter the fitness training menu, there are a total of 8 modes to choose from: 1,running 2,Bike riding 3,Strength training 4,Basketball 5,Tennis 6,Volleyball 7,Football 8,Badminton, you can choose any sport to start, record the current exercise time and calorie data.



## Sleep

The watch wears the hand to sleep and automatically enters the sleep monitoring mode; automatically detects the length of your deep/light sleep all night and calculates your sleep quality; the APP can view the sleep data details, Note: Sleep data detects sleep from 22: 00pm



## Music

After connecting the Bluetooth of the mobile phone, enter the Bluetooth music, click to control the music playback on the Bluetooth device.

## Notice

Display information synchronized from the mobile phone such as: SMS, time, Twitter, Facebook, etc

## Set up

- Bluetooth settings ( turn Bluetooth on and off )
- Raise the screen with your hand raised ( turn on and off the screen with your hand raised )
- Clock ( set time and date , change time system , standby dial )
- Sound ( set the call ringing method and call notification ringtone )
- Volume ( settings to adjust the size of multimedia , call ringtones and notification ringtones )
- Display ( theme style: built-in two UI styles can be switched at any time, setting screen brightness and backlight time )
- International ( multi- language mode selection )
- Restore the production settings ( this function will clear all local call records, messages, alarm clocks, etc, please operate with caution )
- About ( View device name and Bluetooth device address )



## Recording

Enter the recording menu, click to start, pause, save the recording, and select to play the saved recording from the options menu )

## Application

- a . Twitter(Tun on / off blocking message notifications )
- b . Facebook (Tun on / off blocking message notifications )
- C . WhatsApp (Tun on / off blocking message notifications )

# 7

## APP Function introduction

### Heart rate

Connect the watch successfully, you can start the heart rate measurement on the APP, and view the historical heart rate data.

### Blood pressure

Successfully connected to the watch, the APP can initiate blood pressure measurement and view blood pressure historical data.

### Motion

The watch can be successfully connected to the watch to view the number of steps of the day and historical step data.

### Sleep

Connect watch successfully to view sleep quality and view sleep history data

### Set up

Used to bind / disconnect the device

## 8

# Precautions for use

1. Please fully charge before using, the charging time needs about 2 hours.
2. Please use the standard accessories for charging to avoid charging accidents.
3. Bluetooth is disconnected over a distance during use, and the search function cannot be used until it is reconnected.
4. Bluetooth may occasionally be disconnected during use, Please reconnect once ( if not connected for more than five minutes, you need to manually connect once ); please pay attention to choose to agree to the synchronization of the phonebook when connecting, otherwise it is in use, Incoming phonebook will not be displayed.
5. Music function, depending on the music player in the Android phone, the music name may not be synchronized. This is a normal situation And is caused by the difference between the phone and the player.

## 9

# Common troubleshooting

If there is any problem during the use of the mobile phone, please refer to the following clauses to resolve it. If the problem persists, please contact the dealer or designated service personnel.

1. The watch cannot be turned on Press the power button for too short a time, please press it for more than 3 seconds. The battery level is too low, please connect the charger to charge.
2. The watch will automatically shut down The battery level is too low, please connect the charger to charge.
3. The use of the watch is short The battery is not fully charged, Make sure you have enough time to charge it (minimum 2 hours).
4. The watch does not charge properly Please check if the battery is available, the performance of the battery will decrease after using for several years.  
If the charger is charging normally, you can update to try with the charger.  
If the USB cable is connected properly, please try again.
5. Caller name is not displayed when receiving a call  
When the Bluetooth connection is selected, the address book is not selected to be uploaded; or the Always upload address book is not selected; Disconnect and reconnect, the contacts are not synchronized, please pair and reconnect again.
6. The sound quality of the call is not very good  
Your smart watch is too far away from your phone, please come closer; the Bluetooth signal is too poor  
Your cell phone has a bad signal. Change to a call location.

## 10 Others

- 1 . It is strictly forbidden to modify, reproduce, distribute, store or disseminate part or all of this manual without the company's permission.
- 2 . Under no circumstances will the company be liable for any direct or indirect losses caused by accident data or other aspects.
- 3 . The pictures in this manual are for reference only.If there are individual patterns that do not match the actual product, please send the actual product as the standard.
- 4 . The company reserves the right to modify this manual without prior notice.